

Please choose which type of PPP you would like to do and visit: [www.dudleyparents.co.uk](http://www.dudleyparents.co.uk) to book a



place.

Scroll to the bottom and book here:

[Book and register here](#)

**FIND A PARENTING PROGRAMME**

You can also scroll down and click “what is Triple P” to find out more about the different types of programmes. You can also click- top right for frequently asked questions-FAQS or call/email: [01384 813954](tel:01384813954) [parenting@dudley.gov.uk](mailto:parenting@dudley.gov.uk) for more information

**\*\*PLEASE NOTE: Most sessions can also be joined remotely via Microsoft Teams, if this is preferable. Please state this on your booking request\*\***

**Would you like to do online programmes, independently (at no cost)?** These include ante-natal, couple relationships, additional needs and baby. Many of them are translated into other languages. To access these programmes, simply go to: [www.dudleyparents.co.uk](http://www.dudleyparents.co.uk)

## Summer Term Timetable-May 2025

### TRIPLE P GROUP is for parents/carers of children aged 2-11years old

Day	Facilitators	Venue	Start Time	End Time	Start Date (informal Session)	Session 1	Session 2	Session 3	Session 4	Sessions 5, 6 & 7	Session 8
<b>GROUP Thursday</b>		Dudley Family Hub DY2 8LJ	12:30	2:30pm	25 <sup>th</sup> September	2 <sup>nd</sup> October	9 <sup>th</sup> October	16 <sup>th</sup> October	23 <sup>rd</sup> October	Break and one to one telephone calls	13 <sup>th</sup> November
<b>GROUP MONDAYS</b>		Halesowen Leisure Centre Halesowen B63 3AF	12:30	2:30pm	13 <sup>th</sup> October	20 <sup>th</sup> October	3 <sup>rd</sup> November	10 <sup>th</sup> November	17 <sup>th</sup> November	Break and one to one telephone calls	8 <sup>th</sup> December
<b>GROUP FRIDAYS</b>		Stourbridge Family Hub DY8 1XF	10am	12pm	17 <sup>TH</sup> October	24 <sup>th</sup> October	7 <sup>th</sup> November	14 <sup>th</sup> November	21 <sup>st</sup> November	Break and one to one telephone calls	12 <sup>th</sup> December

### TRIPLE P STEPPING STONES is for parents/carers of children with a disability who are under 11 years of age

Day	Facilitators	Venue	Start Time	End Time	Start Date (informal Session)	Session 1	Session 2	Session 3	Session 4	Session 5	Session 6, 7 & 8	Session 9
<b>STEPPING STONES TUESDAYS</b>		Halesowen Leisure Centre Halesowen B63 3AF	10AM	12PM	23rd September	30 <sup>th</sup> September	7 <sup>th</sup> October	14 <sup>th</sup> October	21 <sup>st</sup> October	4 <sup>th</sup> November	Break and one to one telephone calls	25 <sup>th</sup> November
<b>STEPPING STONES THURSDAYS</b>		Dudley Family Hub DY2 8LJ	9:45	12PM	16 <sup>TH</sup> October	23 <sup>rd</sup> October	6 <sup>th</sup> November	13 <sup>th</sup> November	20 <sup>th</sup> November	27 <sup>th</sup> November	Break and one to one telephone calls	11 <sup>th</sup> December

**TRIPLE P TEEN** is for parents/carers of children aged 11-16 years old

Day	Facilitators	Venue	Start Time	End Time	Start Date (informal session)	Session 1	Session 2	Session 3	Session 4	Session 5, 6 & 7	Session 8
<b>TEEN Wednesdays</b>		Brierley Hill Family Hub DY5 3DY	12:30 pm	2:30 pm	24 <sup>th</sup> September	1 <sup>st</sup> October	8 <sup>th</sup> October	15 <sup>th</sup> October	22 <sup>nd</sup> October	Break and one to one telephone calls	12 <sup>th</sup> November
<b>TEEN Thursdays</b>		Lye Family Hub DY9 8HT	9:45 am	11:45am	16 <sup>th</sup> October	23 <sup>rd</sup> October	6 <sup>th</sup> November	20 <sup>th</sup> November	27 <sup>th</sup> November	Break and one to one telephone calls	11 <sup>th</sup> December

**TRIPLE P BABIES** is for expectant parents or those with children under 12 months it aims to prepare parents for a positive transition to parenthood and the first year with baby, promoting sensitive and responsive care.

Day	Facilitators	Venue	Start Time	End Time	Informal Session	Session 1	Session 2	Session 3	Session 4	Session 5, 6 & 7	Final Session
<b>BABIES THURSDAYS</b>		Stourbridge Family Hub DY8 1XF	9:45	11:45	18 <sup>th</sup> September	25 <sup>th</sup> September	2 <sup>nd</sup> October	9 <sup>th</sup> October	16 <sup>th</sup> October	Break and one to one telephone calls	6 <sup>th</sup> November
<b>BABIES WEDNESDAYS</b>		Coseley Family Hub WV14 9DS	12PM	2PM	1 <sup>ST</sup> October	8 <sup>th</sup> October	15 <sup>th</sup> October	22 <sup>nd</sup> October	5 <sup>th</sup> November	Break and one to one telephone calls	3 <sup>rd</sup> December

**TRIPLE P FAMILY TRANSITIONS** is for parents who are going through or have separated/divorced from their child's other parent, and would like some coping skills, stress relief and ideas on how to make this transition easier for everyone (**FOR PARENTS OF CHILDREN 0-18 years old**)

Day	Facilitators	Venue	Start Time	End Time	Session 1	Session 2	Session 3	Session 4	Session 5
<b>TRANSITIONS TUESDAYS</b>	Lucy	Teams only	12:30pm	2:30pm	21 <sup>ST</sup> October	4 <sup>th</sup> November	11 <sup>th</sup> November	18 <sup>th</sup> November	25 <sup>th</sup> November

You **do not** need to attend with your ex-partner, and you can attend whilst also attending a different Triple group

**TRIPLE P FEARLESS** group programme is for parents/carers whose child (aged 6 plus) is experiencing anxiety which affects their everyday life, to develop ways to help their child become more emotionally resilient.

Day	Facilitator	Venue	Start Time	End Time	Informal Session	Session 1	Session 2	Session 3	Session 4	Session 5	Session 6
<b>FEARLESS THURSDAYS</b>		Brierley Hill Family Hub DY5 3DY	12:30 pm	2;30 pm	23 <sup>rd</sup> October	6 <sup>th</sup> October	13 <sup>th</sup> October	20 <sup>th</sup> October	27 <sup>th</sup> October	4 <sup>th</sup> December	11 <sup>th</sup> December
<b>FEARLESS TUESDAYS</b>		Lye Family Hub DY9 8HT	10am	12pm	9 <sup>th</sup> September	16 <sup>th</sup> September	23 <sup>rd</sup> September	30 <sup>th</sup> September	7 <sup>th</sup> October	14 <sup>th</sup> October	21 <sup>st</sup> October

**DO NOT ADD NVR TO MAIN TIME TABLE OR BOOKING SYSTEM**

<b>NVR</b>	Sharon					9 weeks		9 weeks LONG		9 weeks	End session
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